



The international School of Kundalini Yoga
34 Culver Road. Newbury. Berkshire. RG14 7AR. United Kingdom

K1 LEARNING AGREEMENT

The following forms the basis of an agreement between you and i-SKY
This Learning Agreement explains what you can expect from i-SKY and what we expect from you.

i-SKY will:

Provide you with 180 hours of classroom instruction.

Provide you with a learning plan and information about your programme of study e.g. attendance requirements, coursework, deadlines for assignments, possible extension times, final assessment dates and appeals procedure.

Provide qualified and experienced staff who will attend all sessions on time.

Ensure you have access to egroup or personal support throughout your course.

Provide you with feedback on your progress and evidence of your achievement.

Ensure that if a course ceases to be viable, we will arrange completion of your training through a subsequent course (within 12 months); transfer to another current course; or through open learning.

Provide opportunities for you to express your opinions about the service we provide and to report back to you the action taken on your suggestions, concerns or complaints.

Provide you with advice on progression.

i-SKY ask you to:

Recognise that the course derives from an "ashram style" experience and that group "seva" (cooking, cleaning etc.) may constitute an important part of the course.

Agree to participate in making and abiding by course group decisions (e.g. diet or group practice).

Arrive in good time; attend each Part in total and explain any absences/lateness.

Switch off mobile phones in learning and study areas.

Behave responsibly in class, taking care not to disrupt the learning of others, act with respect and courtesy towards your tutors and other students at all times.

Complete and submit assignments and coursework by the agreed date, or negotiate a time extension.

Only present your own work for assessment. Presenting other's work as your own or allowing others to use your work in this way will lead to disciplinary action.

Take responsibility for your own learning and find out what is expected of you while on the course.

Discuss your progress with the designated i-SKY staff member.

Return any borrowed equipment and materials by the agreed date.

Let the i-SKY administrator know if you are thinking of leaving your course, or if your address, employment or employment/benefit status change.

Strive to abide by a yogic Code of Ethics/Conduct.

If you break the Learning Agreement, disciplinary action may be taken.

You will have the right to give your side of the story.

July 2020



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The Aquarian Teacher: **i-SKY K1 KRI Level One Certification Verification Form**

A Lead Trainer must check all boxes before signing off student:

- Full attendance of all the course within 24 months and completion of all other certification requirements prior to attendance of your final weekend or within 6 months thereafter (and in any case within 2 years of commencement).
- Attending at least 5 aquarian sadhana (or leading 2 online).
- Teaching a Kundalini Yoga class to a satisfactory standard
- Completion of two 40-day kriya (meditation/exercise set or both – 11min minimum for each).
- Pass mark in the final weekend sit down exam or submission of a satisfactory Take Home exam.
- Completion of all required coursework and take-home exam to a satisfactory standard before the final weekend (or within 6 months thereafter).
- Attendance of an approved one-day meditation course (White Tantric, i-SKY Rebirthing or other by agreement).
- Attendance of a minimum of 20 Kundalini Yoga classes outside the course.
- Full payment of all fees due.
- A commentary upon your personal journey through the last year and an evaluation of the K1 course.
- Signing (and upholding) at least one of the IKYTA, Yoga Alliance or Yoga Alliance Professionals Codes of Ethics/Practice and a satisfactory performance in any course exit interview or other one to one session if required.

I recommend this trainee be certified as a KRI Level One Instructor of Kundalini Yoga as taught by Yogi Bhajan.

Signature of Lead Teacher Trainer

Today's Date

Printed Name of Lead Teacher Trainer

Course Location (city, country)

The following is to be filled out by the student before the course begins:

I, the undersigned, agree to the following:

1. KRI and the i-SKY Teacher Training team reserve the right to grant KRI Level One certification based solely on their discretion and evaluation of each student's readiness to be a Kundalini Yoga Instructor. This evaluation is based on successfully meeting the course requirements including, but not limited to those listed in the course documentation.

2. I understand that I am strongly encouraged to submit my certification requirements within 6 weeks after the end date of the course. All requirements must be completed and submitted no later than 12 months after the conclusion of the course (late submission fees will apply after 6 months). If for any reason I do not complete the requirements for the course within this time frame, I will not be certified.

3. If I am not granted KRI certification, I understand that I have the right to appeal to KRI, whose decision shall be final.

Signature (Legal Name)

Date

PRINT (Legal Name)

PRINT(Spiritual Name) if applicable