

The Aquarian Teacher: KRI Level One

i-SKY K1 KRI Certification Verification Form

A Lead Trainer must check boxes and sign off student:

- Attended all Teacher Training classes within two years - a minimum of **180** contact hours - and satisfied any specific additional coursework requirements.
- Received a passing grade of at least 75% on the exam/s.
- Completed 20+ Kundalini Yoga Classes during or after the completion of Teacher Training - 20+ hours.
- Performed satisfactorily in the practicum assessment.
- Created two acceptable yoga course curricula
- Completed the assigned 40-day yoga kriya (set/meditation 11 minutes minimum each) - 15+ hours.
- Participated in at least five full morning Aquarian sadhana - 2 ½ hours each = 10 hours
- Participated in one day of White Tantric Yoga
(where offered within the local region) **City:** _____ **Date:** _____
or satisfactorily summarised two chapters from The Masters Touch by Yogi Bhanan and undertaken to attend a White Tantric Yoga course as soon as practicable.
- Read, understood, and signed the *Code of Excellence* (*Professional Standards for Kundalini Yoga Teachers*).

I recommend this trainee be certified as a KRI Level One Instructor of Kundalini Yoga as taught by Yogi Bhanan.

Signature of Lead Teacher Trainer

Today's Date

Printed Name of Lead Teacher Trainer

Course Location (city, country)

To be filled out by the student before the course begins:

I, the undersigned, agree to the following:

1. KRI and the i-SKY Teacher Training team reserve the right to grant KRI Level One certification based solely on their discretion and evaluation of each student's readiness to be a Kundalini Yoga Instructor. This evaluation is based on successfully meeting the course requirements including, but not limited to those listed in this document.
2. I understand that if for any reason I do not complete all of the requirements for certification, as listed above (with the exception of 20 Kundalini Yoga classes and one day of White Tantric) within 6 weeks of the conclusion of my course attendance requirement, I will be required to pay a £20 per month late fee. All requirements including any accrued late fees must, in any case, be received no later than 24 months after the commencement of the course. If you do not meet the certification requirements including any late fees within this time frame you will not be certified.
3. If I am not granted certification, I understand that I have the right to appeal to KRI, whose decision shall be final.

Signature (Legal Name)

Date

PRINT (Legal Name)

PRINT (Spiritual Name)

