

Information and misinformation coexist on the internet today. Allegations abound as to the morals of public figures or the authenticity of spiritual teachers. Social media has polarised discussions and encouraged “echo chambers” reinforcing the held beliefs without the rigour of challenge from others.

Consider the following before a student (or friend or family member) asks for your opinion. The question might go something like; "I was browsing the internet and came upon some pages where ex 3HO members said they were survivors of a cult."

We feel you should be aware of the existence of allegations pertaining to Yogi Bhanjan (or 3HO and which have been associated to the teachings of Yogi Bhanjan) and consequently we draw your attention to the following but you can easily google for yourself using suitable search terms. A couple of links to get you started might be:
<http://www.cultnews.com/?cat=2> or <http://www.cultnews.com>
<http://yogibhajan.tripod.com/>

The sources of information are ever changing and contradictory. In the 90’s Rick Ross the “cult buster” (not the rapper) looked like an authoritative source but was then called to account himself as a “deprogrammer” charged with unlawful imprisonment of a “cult” member. Wikipedia is not a definitive source either but see: https://en.wikipedia.org/wiki/Rick_Alan_Ross#Articles_and_publications
Over the years Rick Ross has curated a comprehensive website <https://culteducation.com> and his broad definition of cults includes not only 3HO but also Deepak Chopra...

This Guardian article considers both sides and is worth reading in its own right
<https://www.theguardian.com/theobserver/2004/dec/12/features.magazine137>

*It is our view that people usually find what they are looking for - so look UP.
Question yourself, question your teacher and question those making statements about others to substantiate them based upon their personal experience or reserve judgement.*

The yogi sits between the polarities of opposites and is attracted to neither.

You are the testing ground of truth - Sat Nam.

*The i-SKY stance is that “the tree is known by the fruit”.
We are happy to be judged on our work over three decades. Yogi Bhanjan’s teachings continue to prove of value to an increasing number of people. 3HO offer a model of a “new age” lifestyle which anyone can choose to follow or not.*

Optional i-SKY K1 coursework:

Set down in writing your considered position to any allegations pertaining to Yogi Bhanjan and/or 3HO – or indeed ourselves....