

Element Chakra	Ether	Air	Fire	Water	Earth
Aura 8	Mool Mantra	1	2	3	4
Shastra 7	5	6	7	8	9
Ajna 6	10	11	12	13	14
5 Vishudha	15	16	17	18	19
Anahata 4	20	21	22	23	24
Manipura 3	25	26	27	28	29
Svadisthana 2	30	31	32	33	34
Muladhara 1	35	36	37	38	Salok